

SOLACE

The Solace *Ice Bath*

A PERSONAL WELLNESS
RECOVERY CENTER
IN YOUR OWN HOME

SOLACE





Born In Bali, *Designed For Wellness*

At Wellness by Solace, our roots run deep in Bali, the world's premier wellness destination, where nature and healing intertwine effortlessly. Our Ice Bath product is a testament to this philosophy, combining cutting-edge design with centuries-old practices of rejuvenation.

Crafted to optimize physical recovery and enhance mental clarity, the Ice Bath invites you to experience the profound benefits of cold immersion therapy, right from the heart of Bali's wellness culture to your home.

Transform your well-being and elevate your recovery journey with the perfect blend of luxury, tradition, and innovation.



THE SOLACE DIFFERENCE

Confidence In *Our Quality*

Free 2 Year Warranty

Quality you can count on. Your wellness investment comes with a 2yr warranty because we believe in what we make.

30 Day Risk-Free Trial

Love it or leave it. Try it for 30 days, and if it's not a perfect fit, return it-no questions asked.

Crafted in Bali

Our story begins in the wellness capital of the world and draws on its rich history and traditions.

Unmatched Support

We've got your back! From purchase to post-use, count on us for stellar service that keeps your wellness journey on track.

A modern, white, hexagonal-shaped ice bath tub is the central focus of the image. It is set in a minimalist room with light-colored walls and a floor. In the background, there are three tall, narrow white pedestals. The leftmost pedestal holds a large, rustic terracotta vase. The middle pedestal holds a smaller terracotta vase with dried flowers. The rightmost pedestal holds a dark, two-handled ceramic jar. Above the middle pedestal, a large, abstract painting with warm, earthy tones is mounted on the wall. To the right of the tub, a white curtain hangs. The overall aesthetic is clean and contemporary.

The Solace *Ice Bath*

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The Solace *Ice Bath*

Not all ice baths are designed equally.

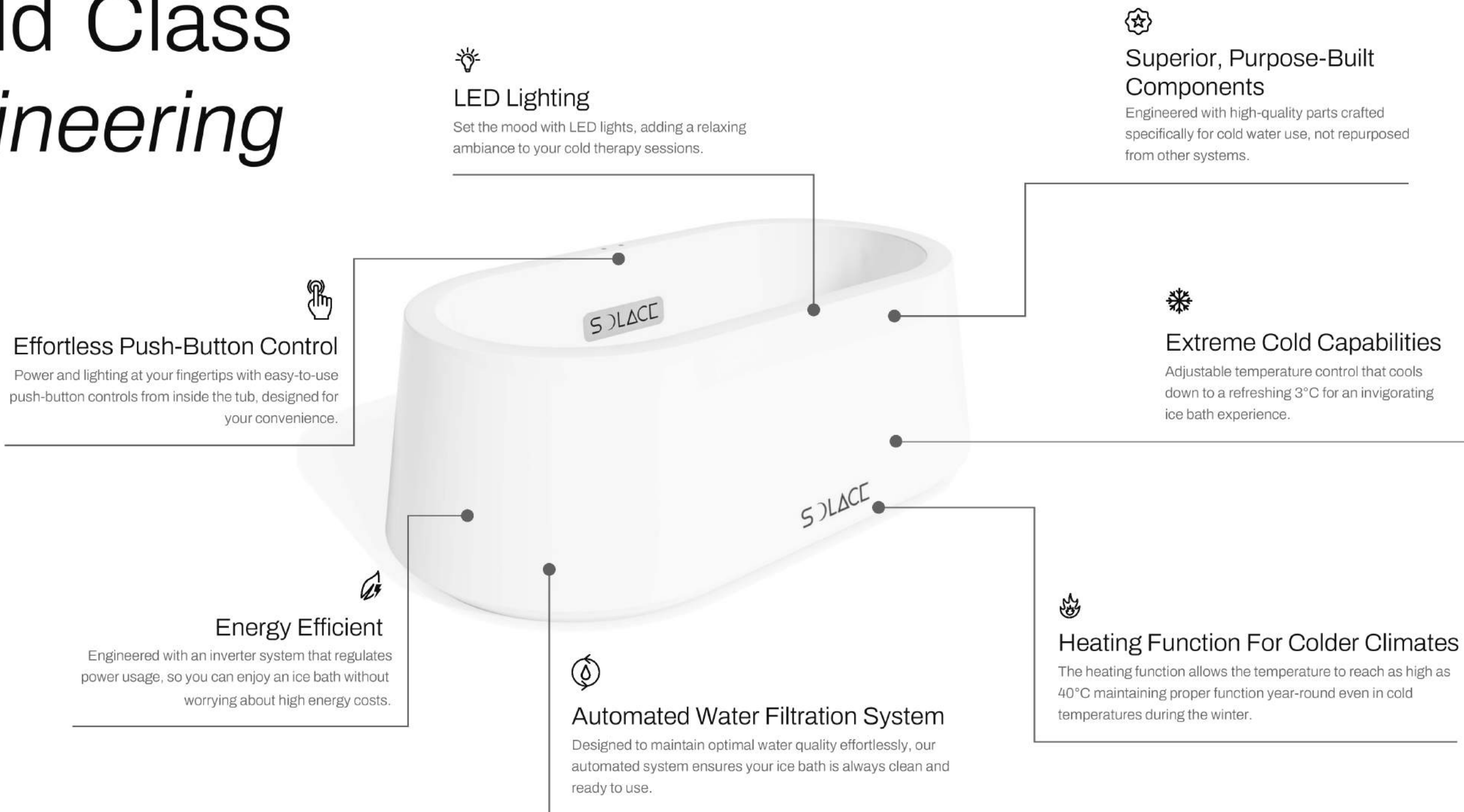
The Solace Ice Bath is crafted for those who demand unmatched quality and want the best in comfort, safety, and performance at home.

Just like a masterfully crafted sports car, every part of the Solace Ice Bath is built to perform—offering unmatched quality, comfort and safety.

Don't settle for modified or repurposed components, choose purpose-built technology to keep your water icy cold and crystal clear—no ice required.

Our promise: advanced cooling down to 3°C, a sleek, state-of-the-art design, and an ultra-quiet chiller for a peaceful plunge every time.

World Class *Engineering*



Pure Clean Water



100 Micron Filtration System

Easily replaceable filters that keep your water crystal clear and hygienic with minimal effort.



Antibacterial UV Light Disinfection

Equipped with UV light technology to naturally disinfect the water, ensuring a clean and safe environment every time.



Powerful Ozone Pumping

Ozone technology enhances water purification, keeping your bath fresh and free of harmful contaminants.



Quick and Easy Draining

Built-in inset drain for hassle-free drainage, making maintenance a breeze.



Cutting Edge *Design*



Advanced Insulated Lid Design

Crafted from the same premium material as the tub, the fully insulated lid retains cold while making it easy to open and close.



Ultimate UV Protection

Designed to withstand harsh sunlight, ensuring your ice bath stays durable and looks brand new for years.



Spacious

Over 6 ft" of legroom



Easy Installation

We provide easy to follow directions for the setup and installation of your new Solace Ice Bath and no technical expertise is necessary.



Extended Placement Flexibility

Our design allows the chiller to be positioned away from the tub with a 5m hose, giving you greater flexibility and a cleaner look for your space. Hose extensions are available on request if additional length is needed.



Sleek, Modern Design

A stunning, unique aesthetic that seamlessly blends into any space, offering a touch of luxury to your wellness routine.



Seamless, Jet-Free Tub Design

Designed with no visible inlet or outlet points, the sleek, seamless tub provides a superior, minimalist aesthetic and easy cleaning.

Solace Ice Bath

Dimensions



WIDTH	995 mm
HEIGHT	600 mm
LENGTH	1745 mm

WEIGHT

The combined shipping weight of the tub and water chiller is approximately 160kg. Both the tub and chiller can be moved easily with 2 people.



Solace Ice Bath

Chiller Dimensions

Home Edition Chiller



WIDTH	554 mm
HEIGHT	598 mm
LENGTH	554 mm

Home Pro Edition Chiller



WIDTH	457 mm
HEIGHT	630 mm
LENGTH	1057 mm

A Solace Home Edition spa is shown in a tropical setting. The spa is a dark-colored, oval-shaped unit with a blue interior. It is surrounded by several white ceramic pots of various sizes, some containing palm trees. The scene is dimly lit, with a warm, ambient glow. The text "Home Edition VS Home Pro Edition" is overlaid on the image in a large, white, serif font. The word "Home" is italicized in the original image.

Home Edition VS *Home Pro* Edition



Home Edition Ice Bath

Bring the power of cold plunging into the comfort of your home. Designed for ease of use and seamless integration into daily routines, The Solace Home Edition is the perfect way to boost recovery, sharpen mental focus, and elevate your overall well-being. With its sleek design and low-maintenance features, it's an essential tool for anyone serious about their health & wellness journey.

-  Water Cooling System

Rapid Cooling to 3°C

Energy-efficient cooling, adjustable down to 3°C for an icy cold plunge - without the ice.
-  Water Filtration System

100 Micron Filter & UV + Ozone Cleaning

The 100-micron filter, antibacterial UV light, and ozone technology keep your water pure and hygienic with minimal effort.



HIGH PERFORMANCE

Home Pro Edition Ice Bath

Best for athletes, fitness enthusiasts and high-performance individuals, The Solace Home Pro Edition Ice Bath is built for those who demand the best in cold therapy. With a much greater cooling capacity, advanced filtration and the best in energy efficient using VFD technology, it's ideal for those who want an elite cold therapy experience.

-  Water Cooling System

Over Double The Power

Cools from ambient temperatures to a chilling 3°C in as little as 2 hours, even in tropical climates. A 1.5HP energy efficient system with 2.2x the cooling capacity of the Home model.
-  Water Filtration System

Next-Level Water Purification

The double-sized filter compared to the home model, combined with ultra-powerful antibacterial UV filtration and ozone cleaning ensures crystal-clear water at all times.
-  VFD Technology

Smart Cooling Technology

Variable Frequency Drive adjusts cooling power based on demand, optimising energy efficiency and extending the unit's lifespan.



Tony Robbins



Wim Hof



Tim Ferriss

COLD IMMERSION THERAPY

Recovery Is Just *The Beginning*

Cold immersion therapy is making waves, thanks to influential advocates like Wim Hof, Tim Ferriss, and Tony Robbins. Wim Hof's legendary endurance and breathing techniques have sparked global interest, while Tim Ferriss swears by ice baths for recovery and mental sharpness. Tony Robbins, known for his high-energy lifestyle, incorporates cold plunges to stay sharp and energised. Together, they've propelled cold therapy into the spotlight of modern wellness practices.



COLD IMMERSION THERAPY

The Solace *Ice Bath Benefits*

🕒 Speed up metabolism.

🎯 Increased focus, mood, and mental strength.

🛡️ Enhanced immune function.

💪 Increase muscle recovery.

😊 Reduce stress, anxiety and depression.

☀️ Combats hot climate, decreases the effect of heat and humidity.

⚡ Limits the inflammatory response and reduces inflammation.

⚡ Fights fatigue, higher energy levels.



What People Are *Saying*



"I was skeptical at first, but the Solace Ice Bath has had a tremendous impact on my stress and anxiety levels. I find the cold immersion incredibly soothing and it has greatly improved my overall mood and mental strength."

- Artist, *Ella Cook*



"I've always struggled with recovery after intense workout sessions, but the Solace Ice Bath has made a world of difference. I can now train harder and more frequently, without the lingering muscle soreness I used to experience."

- Athlete, *Liam Donovan*



"Living in a hot climate, the Solace Ice Bath has been a game-changer. It's refreshing and the increase in energy levels I experience after each bath is incredible. My sleep has improved and I feel so much more focused throughout the day."

- Entrepreneur, *Daniel Bainbridge*

Ice Bath FAQ's

1. What are the dimensions?

Tub 1745mm x 995mm x 600mm.

Power unit : Home Edition 554mm x 598mm x 554mm, Home Pro Edition 457mm x 630mm x 1057mm.

2. Does it plug into the wall?

Yes. The Home Edition draws up to 980 watts and plugs into a standard 10 amp household socket. The Home Pro draws up to 2200 watts and is recommended to be used on a 20 amp dedicated circuit.

3. Is there any plumbing required?

There is no external plumbing required. The Solace Ice Bath has a fully self-contained plumbing system. The tub can be filled up with any water source such as a garden hose.

4. What is the minimum temperature?

The Solace Bath can reach as low as 3° C.

5. How often do I need to change the water?

The frequency of water changes depends on usage and maintenance. With the automated water filtration system, water can remain clean for extended periods. In residential settings, changes are typically needed every 1–3 months, while commercial settings may require more frequent changes to ensure optimal cleanliness.

6. How long does it take to get to the set temperature?

The Home Pro can cool water to 3°C in as little as 2 hours. The Home Edition cools to 7°C in around 6 hours and both models maintain your set temperature automatically.

7. What is the warranty?

The Solace Ice Bath comes with a 2-year warranty for residential use and a 1-year warranty for commercial use. This comprehensive coverage ensures peace of mind for all our customers.

8. How does it clean?

The Solace Ice Bath features an advanced maintenance system that keeps your water crystal clear with a combination of a 100-micron filter, UV light, and ozone technology. This powerful trio ensures superior water hygiene with minimal effort, so your ice bath is always ready to use.

9. How do I install?

We provide easy to follow directions for the setup and installation of your new Solace Ice Bath and no technical expertise is necessary.

10. How do I maintain the ice bath?

Maintenance requirements vary depending on usage. In a typical residential setting, the filter should be changed every 1–3 months to maintain optimal water quality. For commercial settings, where usage is significantly higher, filters will need to be replaced more frequently. The Solace Ice Bath is equipped with a cartridge filter, UV light, and ozone technology, ensuring superior water hygiene with minimal effort.

TRUSTED AUSTRALIAN ENGINEERING

Backed By 10 Years Of *Wellness Equipment Expertise*



Aaron and Julian's journey began with a bold vision: to redefine wellness experiences.

As the creators of Bali's first float center, they didn't just operate a space—they designed and built every detail themselves, gaining invaluable insight into what it takes to create wellness products that truly deliver.

This hands-on experience ignited their passion for product design and manufacturing, teaching them how to balance beauty, functionality, and the rigorous demands of commercial wellness operations. They learned what works—and what doesn't—through years of innovation and problem-solving.

That foundation became the driving force behind Wellness by Solace. Today, Aaron and Julian bring their expertise to a new level, creating high-performance wellness equipment that combines professional-grade quality with stunning design.





THE ULTIMATE DUO

Contrast Therapy: *Offer The Ultimate Rejuvenation*

Level up your wellness routine with this transformative ritual that brings life force and energy back into your body. By combining the invigorating chill of an ice bath with the deep, restorative warmth of a sauna, you awaken your body's natural recovery and renewal systems, enhancing circulation, detoxification, and cellular repair.

Ice
Bath

+

*Infrared
Sauna*

Unlock exclusive savings when you combine the power of both a Solace Ice bath and Sun Stream Infrared Sauna.

Have questions? Ask us about our special pricing for the Contrast Therapy Combo and take your wellness routine to the next level.





Ready To Level Up Your Wellness
Technology At Home?

Request Pricing

