

SOLACE

[www.wellnessbysolace.com](http://www.wellnessbysolace.com)

# Solace *Cold Therapy*

A PERSONAL WELLNESS  
RECOVERY CENTER  
IN YOUR OWN HOME

SOLACE

April 2025





# Born In Bali, *Designed For Wellness*

At Wellness by Solace, our roots run deep in Bali, the world's premier wellness destination, where nature and healing intertwine effortlessly. Our Ice Bath product is a testament to this philosophy, combining cutting-edge design with centuries-old practices of rejuvenation.

Crafted to optimize physical recovery and enhance mental clarity, the Ice Bath invites you to experience the profound benefits of cold immersion therapy, right from the heart of Bali's wellness culture to your home.

Transform your well-being and elevate your recovery journey with the perfect blend of luxury, tradition, and innovation.



THE SOLACE DIFFERENCE

## Confidence In *Our Quality*

### Free 2 Year Warranty

Quality you can count on. Your wellness investment comes with a 2yr warranty because we believe in what we make.

### 30 Day *Risk-Free Trial*

Love it or leave it. Try it for 30 days, and if it's not a perfect fit, return it-no questions asked.

### Crafted in *Bali*

Our story begins in the wellness capital of the world and draws on its rich history and traditions.

### Unmatched *Support*

We've got your back! From purchase to post-use, count on us for stellar service that keeps your wellness journey on track.

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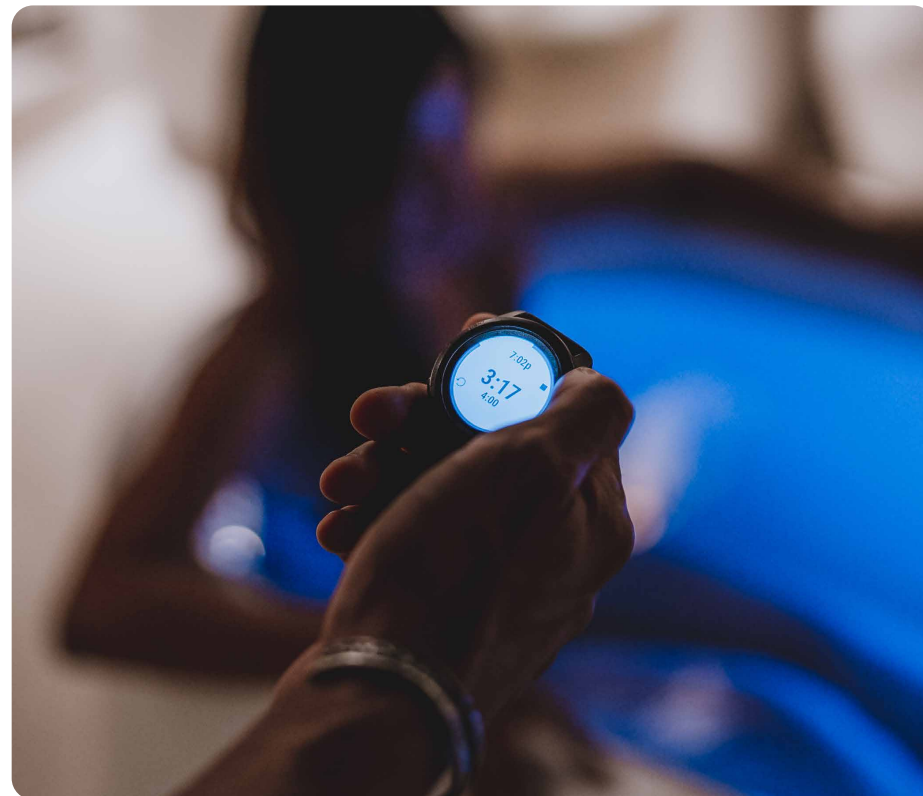
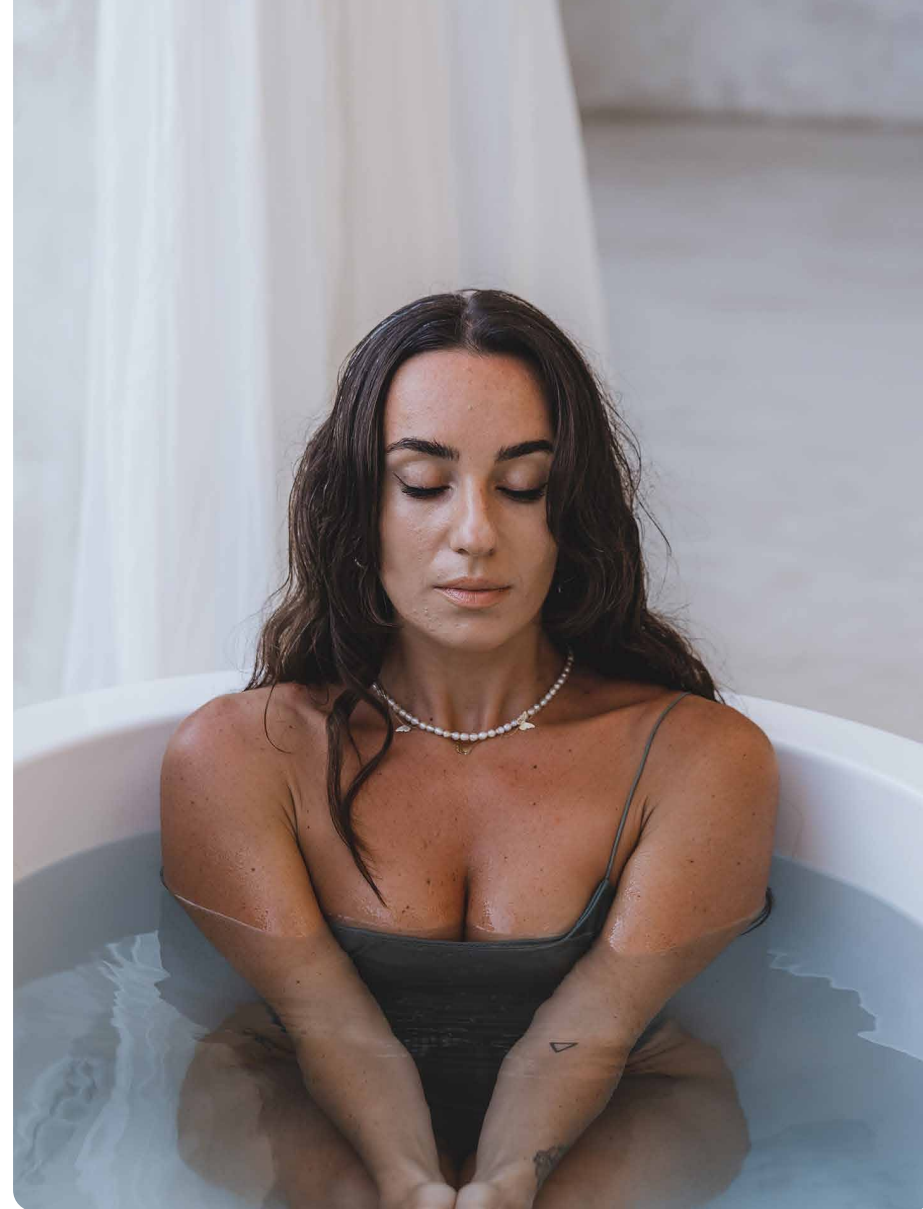


A modern, white, hexagonal ice bath sits in the center of a minimalist room. The room features light-colored walls, a large abstract painting in the background, and several terracotta vases on pedestals. The lighting is soft and natural, coming from a window on the left. The overall aesthetic is clean and contemporary.

# The Solace *Ice Bath*

SOLACE





# The Solace *Ice Bath*

Not all ice baths are designed equally.

The Solace Ice Bath is crafted for those who demand unmatched quality and want the best in comfort, safety, and performance at home.

Just like a masterfully crafted sports car, every part of the Solace Ice Bath is built to perform—offering unmatched quality, comfort and safety.

Don't settle for modified or repurposed components, choose purpose-built technology to keep your water icy cold and crystal clear—no ice required.

Our promise: advanced cooling down to 3°C, a sleek, state-of-the-art design, and an ultra-quiet chiller for a peaceful plunge every time.

# World Class *Engineering*



## LED Lighting

Set the mood with LED lights, adding a relaxing ambiance to your cold therapy sessions.



## Superior, Purpose-Built Components

Engineered with high-quality parts crafted specifically for cold water use, not repurposed from other systems.



## Effortless Push-Button Control

Power and lighting at your fingertips with easy-to-use push-button controls from inside the tub, designed for your convenience.



## Extreme Cold Capabilities

Adjustable temperature control that cools down to a refreshing 3°C for an invigorating ice bath experience.



## Energy Efficient

Engineered with an inverter system that regulates power usage, so you can enjoy an ice bath without worrying about high energy costs.



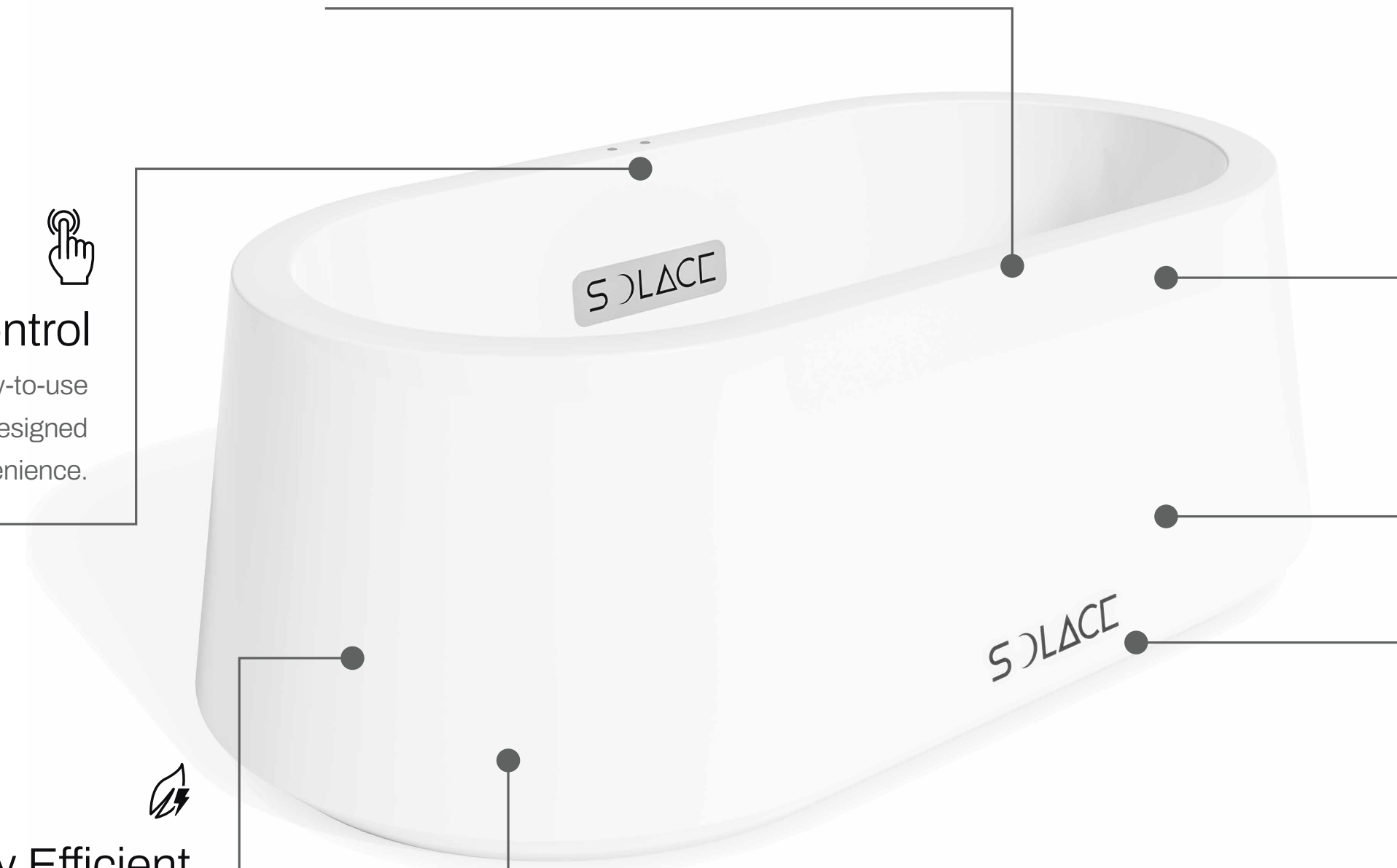
## Automated Water Filtration System

Designed to maintain optimal water quality effortlessly, our automated system ensures your ice bath is always clean and ready to use.



## Heating Function For Colder Climates

The heating function allows the temperature to reach as high as 40°C maintaining proper function year-round even in cold temperatures during the winter.



# Pure Clean Water



## 100 Micron Filtration System

Easily replaceable filters that keep your water crystal clear and hygienic with minimal effort.



## Antibacterial UV Light Disinfection

Equipped with UV light technology to naturally disinfect the water, ensuring a clean and safe environment every time.



## Powerful Ozone Pumping

Ozone technology enhances water purification, keeping your bath fresh and free of harmful contaminants.



## Quick and Easy Draining

Built-in inset drain for hassle-free drainage, making maintenance a breeze.





# Cutting Edge *Design*



## Advanced Insulated Lid Design

Crafted from the same premium material as the tub, the fully insulated lid retains cold while making it easy to open and close.



## Ultimate UV Protection

Designed to withstand harsh sunlight, ensuring your ice bath stays durable and looks brand new for years.



## Spacious

Over 6 ft" of legroom



## Easy Installation

We provide easy to follow directions for the setup and installation of your new Solace Ice Bath and no technical expertise is necessary.



## Extended Placement Flexibility

Our design lets you place the chiller up to 10 meters away from the tub, offering more flexibility and a cleaner look for your space.



## Sleek, Modern Design

A stunning, unique aesthetic that seamlessly blends into any space, offering a touch of luxury to your wellness routine.



## Seamless, Jet-Free Tub Design

Designed with no visible inlet or outlet points, the sleek, seamless tub provides a superior, minimalist aesthetic and easy cleaning.

# Solace Ice Bath

## *Dimensions*



|               |         |
|---------------|---------|
| <b>WIDTH</b>  | 995 mm  |
| <b>HEIGHT</b> | 600 mm  |
| <b>LENGTH</b> | 1745 mm |

**WEIGHT**

The combined shipping weight of the tub and water chiller is approximately 160kg. Both the tub and chiller can be moved easily with 2 people.

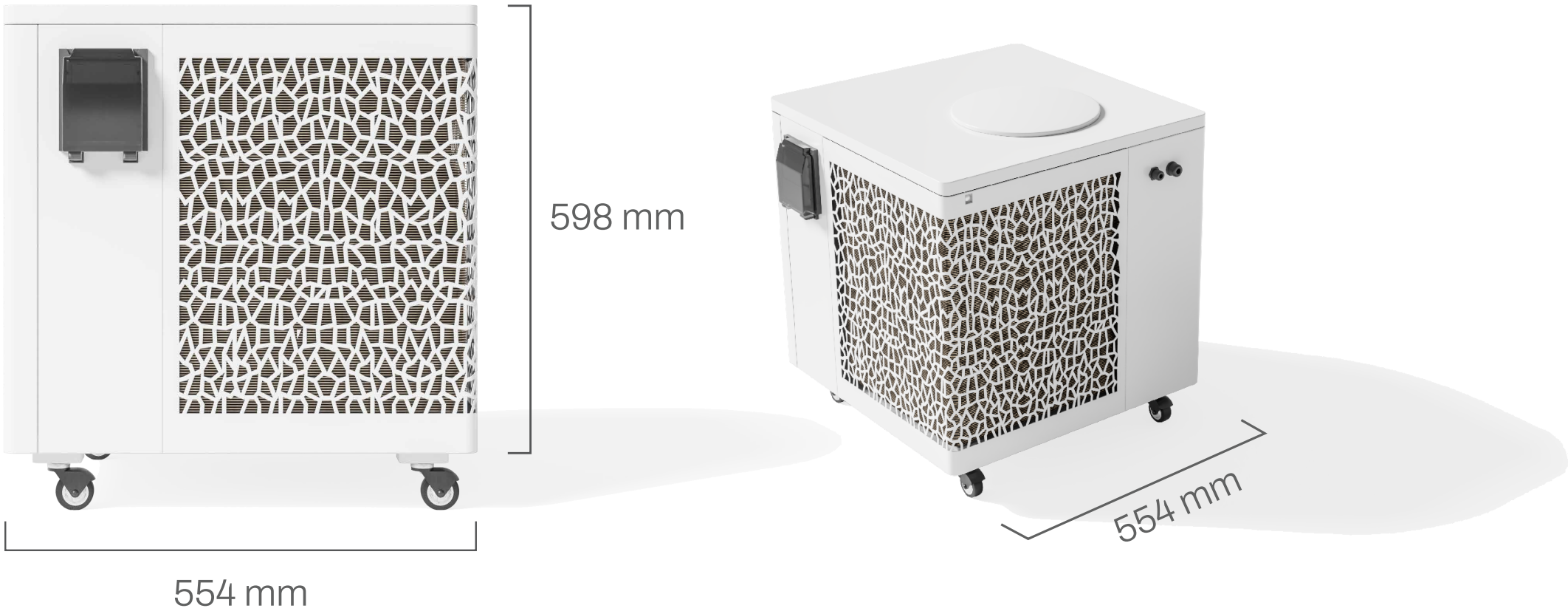




# Solace Ice Bath

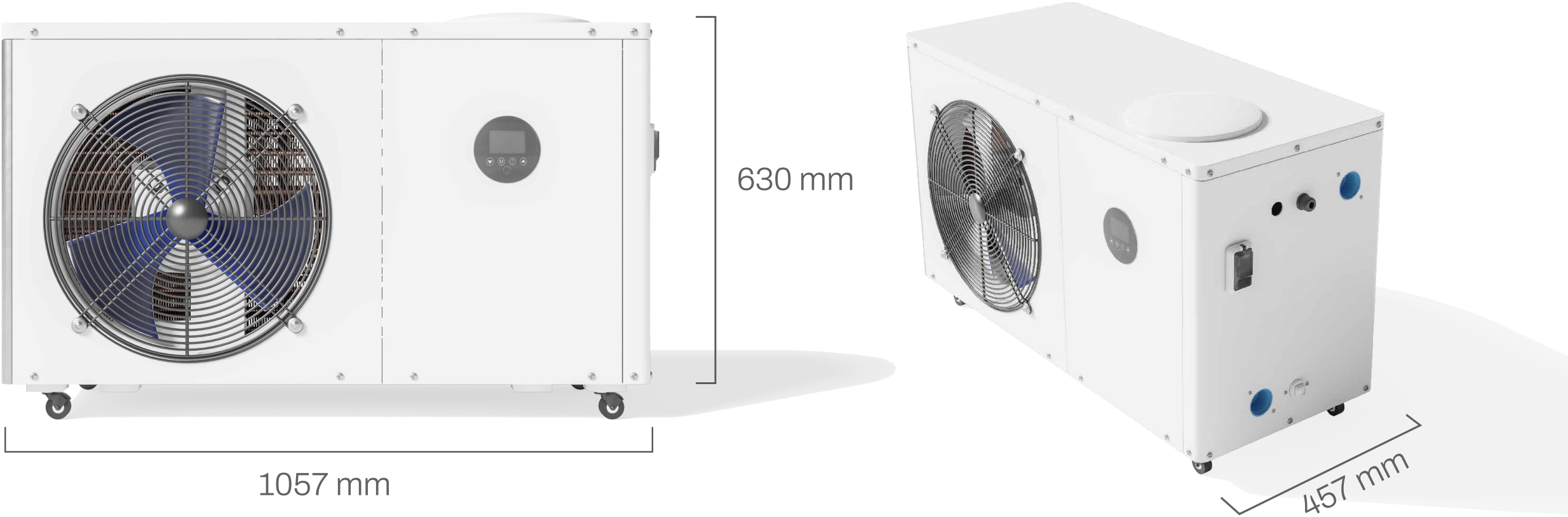
## *Chiller Dimensions*

*Home Edition Chiller*



|               |        |
|---------------|--------|
| <b>WIDTH</b>  | 554 mm |
| <b>HEIGHT</b> | 598 mm |
| <b>LENGTH</b> | 554 mm |

*Home Pro Edition Chiller*



|               |         |
|---------------|---------|
| <b>WIDTH</b>  | 457 mm  |
| <b>HEIGHT</b> | 630 mm  |
| <b>LENGTH</b> | 1057 mm |



A Solace Home Edition hot tub is shown in a spa-like setting. The hot tub is dark-colored with a blue interior and the 'SOLACE' logo on the side. It is surrounded by several large white ceramic pots, some containing palm trees. The scene is dimly lit, creating a relaxing atmosphere.

# *Home* Edition VS *Home Pro* Edition






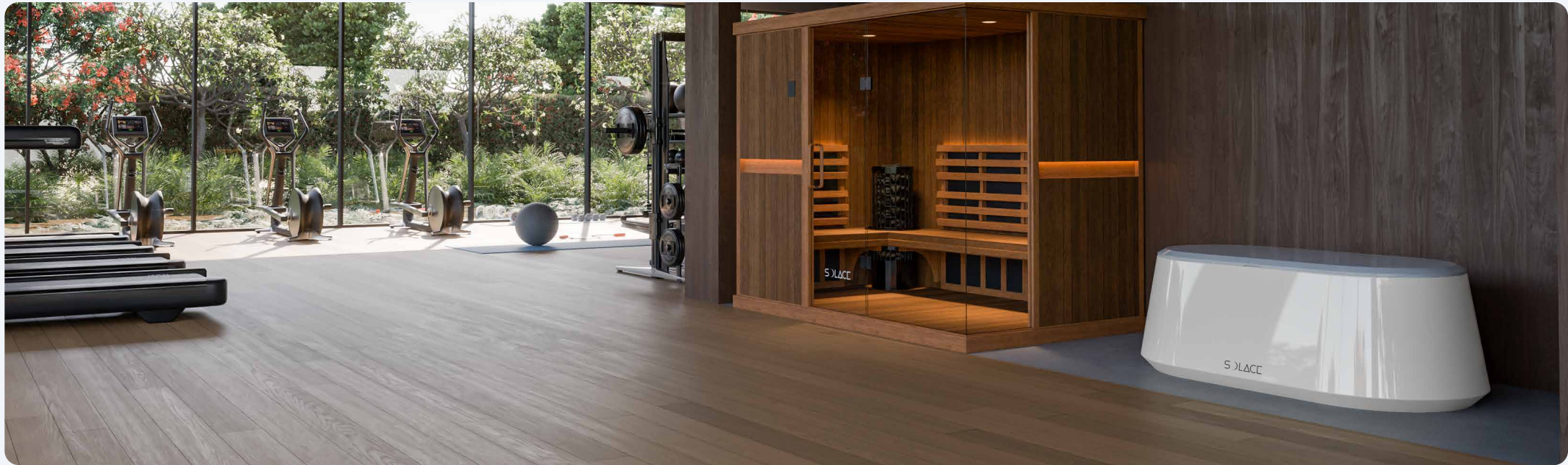
# Home Edition Ice Bath

Bring the power of cold plunging into the comfort of your home. Designed for ease of use and seamless integration into daily routines, The Solace Home Edition is the perfect way to boost recovery, sharpen mental focus, and elevate your overall well-being. With its sleek design and low-maintenance features, it's an essential tool for anyone serious about their health & wellness journey.

-  Water Cooling System

Rapid Cooling to 3°C  
Energy-efficient cooling, adjustable down to 3°C for an icy cold plunge - without the ice.
-  Water Filtration System


100 Micron Filter & UV + Ozone Cleaning  
The 100-micron filter, antibacterial UV light, and ozone technology keep your water pure and hygienic with minimal effort.




HIGH PERFORMANCE

# Home Pro Edition Ice Bath

Best for athletes, fitness enthusiasts and high-performance individuals, The Solace Home Pro Edition Ice Bath is built for those who demand the best in cold therapy. With a much greater cooling capacity, advanced filtration and the best in energy efficient using VFD technology, it's ideal for those who want an elite cold therapy experience.

-  Water Cooling System

Over Double The Power  
With 2.2 x the cooling capacity of the home model with a 1.5HP energy efficient cooling system - this model is always ready for the perfect plunge.
-  Water Filtration System

Next-Level Water Purification  
The double-sized filter compared to the home model, combined with ultra-powerful antibacterial UV filtration and ozone cleaning ensures crystal-clear water at all times.
-  VFD Technology

Smart Cooling Technology  
Variable Frequency Drive adjusts cooling power based on demand, optimising energy efficiency and extending the unit's lifespan.





*Tony Robbins*



*Wim Hof*



*Tim Ferriss*

COLD IMMERSION THERAPY

# Recovery Is Just *The Beginning*

Cold immersion therapy is making waves, thanks to influential advocates like Wim Hof, Tim Ferriss, and Tony Robbins. Wim Hof's legendary endurance and breathing techniques have sparked global interest, while Tim Ferriss swears by ice baths for recovery and mental sharpness. Tony Robbins, known for his high-energy lifestyle, incorporates cold plunges to stay sharp and energised. Together, they've propelled cold therapy into the spotlight of modern wellness practices.





COLD IMMERSION THERAPY

# The Solace *Ice Bath Benefits*

🕒 Speed up metabolism.

🎯 Increased focus, mood, and mental strength.

🛡️ Enhanced immune function.

💪 Increase muscle recovery.

😊 Reduce stress, anxiety and depression.

☀️ Combats hot climate, decreases the effect of heat and humidity.

⚡ Limits the inflammatory response and reduces inflammation.

⚡ Fights fatigue, higher energy levels.





# What People Are Saying



"I was skeptical at first, but the Solace Ice Bath has had a tremendous impact on my stress and anxiety levels. I find the cold immersion incredibly soothing and it has greatly improved my overall mood and mental strength."

- Artist, *Ella Cook*



"I've always struggled with recovery after intense workout sessions, but the Solace Ice Bath has made a world of difference. I can now train harder and more frequently, without the lingering muscle soreness I used to experience."

- Athlete, *Liam Donovan*



"Living in a hot climate, the Solace Ice Bath has been a game-changer. It's refreshing and the increase in energy levels I experience after each bath is incredible. My sleep has improved and I feel so much more focused throughout the day."

- Entrepreneur, *Daniel Bainbridge*



# Ice Bath FAQ's

## 1. What are the dimensions?

Tub 1745mm x 995mm x 600mm.

Power unit : Home Edition 554mm x 598mm x 554mm, Home Pro Edition 457mm x 630mm x 1057mm

## 2. Does it plug into the wall?

The Solace Ice Bath only requires a standard household 220V AC wall socket and draws 2000 watts. It also requires a designated 20 amp circuit breaker.

## 3. Is there any plumbing required?

There is no external plumbing required. The Solace Ice Bath has a fully self-contained plumbing system. The tub can be filled up with any water source such as a garden hose.

## 4. What is the minimum temperature?

The Solace Bath can reach as low as 3° C.

## 5. How often do I need to change the water?

The frequency of water changes depends on usage and maintenance. With the automated water filtration system, water can remain clean for extended periods. In residential settings, changes are typically needed every 1–3 months, while commercial settings may require more frequent changes to ensure optimal cleanliness.

## 6. How long does it take to get to the set temperature?

Depending on your set temperature, the water cools to 7°C in about 6 hours. The system will then turn on periodically to maintain your desired temperature.

## 7. What is the warranty?

The Solace Ice Bath comes with a 2-year warranty for residential use and a 1-year warranty for commercial use. This comprehensive coverage ensures peace of mind for all our customers.

## 8. How does it clean?

The Solace Ice Bath features an advanced maintenance system that keeps your water crystal clear with a combination of a 100-micron filter, UV light, and ozone technology. This powerful trio ensures superior water hygiene with minimal effort, so your ice bath is always ready to use.

## 9. How do I install?

We provide easy to follow directions for the setup and installation of your new Solace Ice Bath and no technical expertise is necessary.

## 10. How do I maintain the ice bath?

Maintenance requirements vary depending on usage. In a typical residential setting, the filter should be changed every 1–3 months to maintain optimal water quality. For commercial settings, where usage is significantly higher, filters will need to be replaced more frequently. The Solace Ice Bath is equipped with a cartridge filter, UV light, and ozone technology, ensuring superior water hygiene with minimal effort.